

HOLLAND TOWNSHIP RECREATION WOMEN'S VOLLEYBALL LEAGUES – 2023/2024

GENERAL INFORMATION

- League Nights & Site – Tuesday Nights at Harbor Lights Middle School
- Entry Fee – \$325.00. Fees must be paid in full by Nov. 21, 2023. No team will be allowed to play until we receive their entry fee unless an arrangement has been made with the HCT Recreation staff. For those teams that have sponsors and need to have them billed, please contact us and we will make the necessary arrangements
- Cancellations – Anytime school has been cancelled, the recreation programs for that evening will be cancelled as well. Cancellations will be announced on our Holland Township Recreation website at www.hollandtownshiprec.com, through an email, our recreation hotline at 616-395-0178 ext. 4, Holland Township Recreation Facebook page at www.facebook.com/hollandtwprec, and Twitter page @hollandtwprec
- Awards – T-shirts will go to Session & Tournament winners
- Format – All teams will play two sessions with teams being moved up or down at the end of the first session. This will be under the discretion of the league director. Matches will consist of four rally scored games (Games 1, 2, & 3 will be played to 25 and Game 4 will be played to 15). The tournament format will be decided after the second session has been completed

RULES AND REGULATIONS

- United States Volleyball Association rules apply to all league play unless otherwise specified
- Rosters – Rosters must be turned in by the start of the season. However, you may add to your roster throughout the year but only if approved by the league director
- Age Eligibility – any female high school student will need to be approved by the league director and the athletic director of their high school before being allowed to participate. These same students must also fill out a state mandated concussion form before being allowed to participate. Allowing high school students to participate will ultimately be under the discretion of the league director
- Scoring - Rally scoring will be used. In games 1, 2, & 3, the first team to 25 is the winner. For game 4, the first team to 15 is the winner. The winning team doesn't have to win by two points.
- Warm-up Time - Teams playing in the first match of the night must have their warm-ups on the court completed before game time. No more than five minutes is allowed for warm-ups on the court in between games unless the official says otherwise
- Forfeits - Match time is forfeit time. No grace period will be given. After 10 minutes the second, third, and fourth games will also be counted as forfeits. If it is necessary to forfeit a match, please call us so we can contact the other team. Teams must have five players that are on their roster to participate
- First Serve - The first team listed will serve the first and third games with the second team listed serving the second and fourth games. Each team will play the first and second games of the match on one side and then switch for games three and four. An initial coin flip will determine sides
- First Pass - The first pass of a serve must be a legal volleyball play. However, a player may not block the opponent's service
- Raised and Lowered Backboards - If a ball hits a backboard and stays on your side you may play the points out. If a ball hits the backboard and crosses the net to the opponents' side, this will result in a point/side-out for the opponent
- Walls & Railings - If a ball hits the wall or railing then it will be called out with a point/side-out being awarded
- Timeouts - Each team is allowed one time per game. Each timeout is 60 seconds
- Ghost Players - This rule applies to Women's Division I teams, only...a team playing with only five players will be required to play with a ghost player. This means when the ghost player rotates into the serving position, your team forfeits that serve

- Substitutions - For Women's Division I teams, only...a substitute may enter the game an unlimited number of times in the position of a teammate and can only be replaced by the same teammate. All other leagues may rotate in a circular rotation on a side out
- Ejections - Players that are ejected from a match will have the incident reviewed by the director as to if and when the player may play again

HOLLAND TOWNSHIP REFUND POLICY

Full/partial refunds will be given if a program, activity, or class is cancelled by Holland Township Recreation due to insufficient enrollment, program conflicts, participant illness/injury (doctors' note may be required) or moving out of the area. If you have registered for a class, program, activity, or league and decide at least two weeks prior to the program that you cannot attend or decide you cannot attend prior to the registration deadline, you will be issued a refund, less a \$10.00 administrative fee. If you drop out from a program less than two weeks from the program start date, after a registration deadline, or after the start of a program, NO refund will be issued unless due to illness or injury

SCHOOL REQUIREMENTS

- There is a district wide ban on all tobacco products in all school facilities and on school grounds. Violators will be asked to leave and will not be allowed to participate in that evening's game
- Alcoholic beverages are strictly prohibited on school grounds
- The bleachers cannot be used to sit on unless they are fully pulled out
- Locker rooms can be used for changing and showering
- No Work boots, cowboy boots, black-soled shoes, or high heels are allowed in the gym. In the winter we ask that you remove your wet and muddy shoes before entering the gym
- Please, park in the designated parking areas only! Violators will receive a warning sticker on their car or receive a parking ticket by the Ottawa County Sheriff Department. Areas by the side entrances of the schools are for Emergency vehicles only
- Due to school events, it will not always be possible for you to come early and warm-up before your game. If you do show up while the gym is still in use, we ask that you wait in the hallway until whoever is using the gym is finished
- No food or beverages are allowed in the gym

HCT RECREATION REQUEST

During the pandemic, we had a "No Spectator" policy in place. That policy is no longer needed, however, we do request that, if possible, to keep spectators to a minimum. If your team has fans that want to watch, please feel free to do so. If you bring kids, make sure they stay in the bleacher area by your team and do not have them explore the building. We want to keep everyone within our sight as best we can. Having kids wander the hallways, stairways, and more is not something we want to police. As long as family and friends remain near your assigned court, all will be fine. If you have any questions or concerns, please feel free to call Holland Twp. Recreation at the contacts listed below...

- Darrin Duistermars, Recreation Director, 616-395-0178 ext. 1, darrind@hct.holland.mi.us
- John Kievit, Assistant Recreation Director, 616-395-0178 ext. 2, johnk@hct.holland.mi.us
- Amanda Bailey, Recreation Coordinator, 616-395-0178 ext. 3, amandak@hct.holland.mi.us

